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- HAPPY NEW YEAR

# HELLO JANUARY! IT'S A FRESH START!

#### WELCOME WINTER

January was named for the Roman god Janus, known as the protector of gates and doorways who symbolize beginnings and endings. Janus is depicted with two faces, one looking into the past, the other with the ability to see into the future. What a fitting symbol for this first day of the year; this month is our door into the new year.

The months of January and also February were not originally in the ancient Roman calendar as the winter months were considered dormant, both in terms of agriculture but also in terms of making war. This was a time of peace.



#### UPCOMING EVENTS/HOLIDAYS

January 1st New Year's Day- Civilizations around the world have been celebrating the start of each new year for at least four millennia. Today, most New Year's festivities begin on December 31 (New Year's Eve), the last day of the Gregorian calendar, and continue into the early hours of January 1 (New Year's Day). Common traditions include attending parties, eating special New Year's foods, making resolutions for the new year and watching fireworks displays.

January 16<sup>th</sup> Dr. Martin Luther King, J Day- In the United States, (third Monday in January) honoring the achievements of Martin Luther King, Jr. A Baptist Minister who advocated the use of nonviolent means to end racial segregation, he first came to national prominence during a bus boycott by African Americans in Montgomery, Alabama, in 1955. He founded the Southern Christian Leadership Conference in 1957 and led the 1963 March on Washington. The most influential of African American civil rights leaders during the 1960s, he was instrumental in the passage of the Civil Rights Act of 1964, which outlawed discrimination in public accommodations, facilities, and employment, and the Voting Rights Act of 1965. King was awarded the Nobel Prize for Peace in 1964. He was assassinated on April 4, 1968.



#### **Residents Birthdays**

- Irene Delgado
- Raymond Nalepa
- Stephen Flynn
- Yvonne Patten
- Carolin Forn
- Monica Schade
- Carlos Trujillo

#### **Staff Birthdays**

- Brijel Asiain
- ✤ Katrina Blea
- Jose Herrera
- Alicia Sanchez
- Catherine Kratzer
- Rebecca Trujillo
- John Sliz





The Argyle supports the rights of our residents. All Argyle resident's rights are posted in both elevators and the Raleigh Garden's bulletin board, as well as in the recently updated resident handbook. A copy of this handbook is located in the main lobby for residents to read at any time. Residents may also obtain a copy for themselves at the front desk. If residents have any questions regarding their resident rights, please contact Tom Carlson, Executive Director.

As a reminder to residents, snack bar hours are everyday between 10am – 12pm and 2pm – 4pm. Residents are also welcome to ask for second helpings and/or alternate menu options. If residents have questions surrounding dining, please contact Becky Trujillo, Director of Dining Services.

The Argyle is implementing a 'see something, say something' approach to our community. Mistakes are inevitable, but it is also necessary to document these situations. If you witness staff member or resident acting outside our resident house rules or staff codes, please contact the front desk or a member of the leadership team.

The Activities Department will be adding a monthly Resident Activities Council to the calendar in January. The first meeting will be on Wednesday, December 4, 2022 at 3:00pm. All residents are encouraged to attend.

We wanted to thank all of the Argyle Residents for your positive feedback and suggestions. The next Resident Town Meeting is scheduled for January 10<sup>th</sup> @ 2:00PM in the Parlor. All residents are invited! If residents need assistance getting to the RTM please contact your Caregiver or an Activities Team Member. Q- Is Coffee and Donuts with Jeromy at the same time every month?

A- Yes, Coffee and Donuts with Jeromy is held on the second Tuesday of the month, at 10:30 am, in The Parlor.

Q- What is the protocol for staff members entering and exiting a resident's room?

A- All staff have been coached to knock twice and announce themselves, before entering a resident's room. It is The Argyle policy to leave the door as the staff member found it. If a resident's door is locked upon entering, it will be relocked when exiting. If the door was unlocked upon entering, it will remain unlocked when the staff member exits, unless an approved door sign is present. Requests on approved door signs will be respected.

**Q-** What is the protocol when a resident's medication administration changes?

A- When InnovAge or a resident's private care provider changes their medication administration they fax The Argyle orders for that action. This order includes a date for that change to take place. The QMAP lead will then inform the resident of that date, after which the resident's medications will be delivered to The Argyle rather than to the resident, personally.

**Q-** What is the protocol for a resident needing assistance with their television?

A- If a resident needs help with hooking up or working with any technology, they may put in a request at the front desk. The receptionist will put a work order into the maintenance database and the correct department will be notified.

Q- How long should a resident expect to wait after putting in a maintenance request?

A- Residents should expect to have a maintenance request addressed within 24 – 48 hours.

Q- Who should a resident speak with if they want to ask about their cleaning schedule?

A- If a resident has questions concerning their shower or deep clean schedule please contact Lesha Duran, Resident Life Director.

Q- Who should a resident speak with if they need toilet paper?

A- Residents may ask any staff member for toilet paper. Staff will then inform the caregiver for that floor, who will deliver toilet paper to that resident's room.



### **December Favorites**

