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WELCOME WINTER

The Roman month *Februarius* was named after the Latin term *februum*, which means "purification", via the purification ritual *Februa* held on February 15 (full moon) in the old lunar Roman calendar. January and February were the last two months to be added to the Roman calendar, since the Romans originally considered winter a monthless period. They were added by Numa Pompilius about 713 BC. February remained the last month of the calendar year until the time of the decemvirs (c. 450 BC), when it became the second month. At certain times February was truncated to 23 or 24 days, and a 27-day intercalary month, Intercalaris, was occasionally inserted immediately after February to realign the year with the seasons.



February 2nd Groundhog Day- Groundhog Day, in the United States and Canada, is a day (February 2) on which the emergence of the groundhog (woodchuck) from its burrow is said to foretell the weather for the following six weeks. The beginning of February, which falls roughly halfway between the winter solstice and the spring equinox.

February 12th Superbowl Sunday- The Super Bowl is one of the biggest annual sporting events in the US. Officially, "Super Sunday," or known as the big game in the National Football League, is the day on which the Super Bowl, final championship game, is played. It recently occurred on the first Sunday in February until Super Bowl LV in 2021. Starting with Super Bowl LVI in 2022, Super Bowl Sunday is now the second Sunday in February. Families and friends gather at home or sports bars to party and watch the game together.

February 14th Valentine's Day- Valentine's Day occurs every February 14. Across the United States and in other places around the world, candy, flowers and gifts are exchanged between loved ones, all in the name of Saint Valentine.

February 20th President's Day- Presidents' Day is a federal holiday celebrated on the third Monday in February; Presidents' Day 2023 will occur on Monday, February 20. Originally established in 1885 in recognition of President George Washington, the holiday became popularly known as Presidents' Day after it was moved as part of 1971's Uniform Monday Holiday Act, an attempt to create more three-day weekends for the nation's workers.



Residents Birthdays

- William Miller
- James Patterson
- Royce Klemm
- Lynn Gardner
- ❖ Nellie Grob

Staff Birthdays

- **❖** Sage Gutierrez
- Calderon Monge
- ❖ Yolanda Irma
- ❖ Sofia Rivera



RESIDENT TOWN MEETING



Be Connected. Be Heard. Be Informed.

The Argyle has a new ombudsman, Nancy Ferrier, serving the community. Her contact information is located in the resident handbook and both elevators.

We are pleased to have new residents and are thrilled to have a thriving community! A friendly reminder to existing residents, please welcome all new residents to The Argyle. If residents have questions surrounding The Argyle census, please contact Jeromy O'Neil, Sales and Marketing Director.

The Argyle has installed a new nurse call system in each room. All exterior doors will be locked between 10:00 pm and 6:00 am. To enter any door in our community after hours, please call (303)-455-9513 or push the red button in the foyer. For questions concerning the new call system, please contact John Sliz, Director of Environmental Service.

We wanted to thank all of the Argyle Residents for their positive feedback and suggestions. The Activities suggestion box is located on the second floor between the Library and the Parlor. If residents have questions about Activities, please contact Samantha Steers, Activities Supervisor.

The next Resident Town Meeting is scheduled for February 14th @ 2:00PM in Raleigh Gardens dining area. All residents are invited! If you need assistance getting to the RTM please contact your Caregiver or an Activities Team Member.

Q- What is an ombudsman?

A- An ombudsman is a state appointed resident rights advocate. If residents have questions regarding their resident rights please contact Nancy Ferrier, the Argyle Ombudsman, or Tom Carlson, Executive Director.

Q- As the community adds more residents to the community, will the Argyle be hiring more staff?

- A- Yes, the Argyle is in the process of assessing all departments staffing needs. There are also possibilities for new roles to be created with the growth of the community.
- Q- Does a resident have a right to waive overnight room checks?
 - A- Yes, if a resident would like to waive their overnight room checks, please contact Lesha Duran, Resident Life Director. She will have a form that will need to be filled out.
- Q- Is it possible to have more ice cream in the dining room?
 - A- Becky Trujillo, Director of Dining Services, works to create a variety menu. If a resident has questions surrounding the menu, please contact Becky.
- Q- With the remodel, will each resident get input into their individual room?
 - A- The specifics of the room remodel have been finalized, by the remodel team. Everything will be standardized and ADA compliant. If residents have questions regarding the remodel, please contact DeAnn Vickles, Associate Executive Director.
- Q- Can modified medical equipment be installed in a resident's room?
 - A- Yes, residents are permitted to utilize room modifications, as long as the room is returned to its original state, upon vacating. For questions surrounding room modifications, please contact John Sliz, Director of Environmental Services.
- Q- What is the procedure for self-administered medication delivery?
 - A- All self-administered medication will be delivered to residents by the pharmacy courier. The courier will have a document for the resident to sign. If residents have questions regarding their self-administered medication delivery please contact Tom Carlson, Executive Director or DeAnn Vickles, Associate Executive Director.



January Favorites



